





MKSSS's
Baya Karve Women's Study and Research Centre

Online **PG Diploma** in **Counselling Psychology**

Start working in the field of mental health!

leave your mark!

Duration:

1 Year + 3 months Internship (Teaching 200 hrs. + Internship 60 hrs.)

> Weekday: Mon-Tue-Wed 3 to 5 pm Weekend: Sat - Sun 3 to 6 pm

Contact: 8767947523 **Email**: admin@bkwsc.maharshikarve.org **Website**: www.bkwsc.org

About us:

A unit of our parent body, Maharshi Karve Stree Shikshan Sanstha, the centre invokes the ideals set by Baya Karve after whom it is named. Core area is to focus on Woman empowerment. The autonomous platform has provided the freedom to innovate in the areas of curriculum design and teaching – learning and Research based activities that have proved helpful for women.

Departments:

Department of academics Department of counselling Department of gender studies Department of research Department of community engagement initiatives

Courses - Awareness campaigns - Trainings and workshops - Counselling - Career guidance -Community mobilization - CSR projects - Research -Visava: One stop centre for women in distress

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Course Introduction:

This autonomous course is especially designed for those who have flair to work in the field of Mental Health. After the completion of this course the learner will be able to understand the depth of emotional, psychological and behavioural issues which a person might face. Learner will understand the nature of different personalities, developmental milestones and about the various phases an individual goes through. The course will also make the learner aware about the aspects of Positive Psychology and motivate lerners to work with growth based approach.

The application based nature of the course will empower the learner with the required skill set for working with groups and individuals effectively. The course will motivate the learner to acquire the necessary skill set for making the Counselling process effective. The course contains a set of unique modules especially designed keeping in mind the diverse nature of the students in terms of educational background, professional experience and the social context. Eligibility: Any graduate.

Intake: Maximum 20 students

Mode of conduction: Online

Medium of instruction: Marathi and English

Evaluation: Total 300 marks

- Written paper: Term 1: 75 marks, Term 2: 75 marks
- Presentation: 50 marks
- Internship: 100 marks

Award of Certificate:

Minimum marks required for passing are **40** percent in each exam.

Fee Structure: ₹ 42500/- (Includes 18% GST)

- Employees of MKSSS can avail 10% discount on the total course fees.
- Installment facility is available with 10% extra charge

Students can avail library facility by paying ₹ 1500/as refundable deposit. The deposit should be collected within two years after the end of the course.

Course outline

No.	Module
1	Introduction to Psychology
2	Approaches of Psychology
3	Theories of Personality
4	Introduction to Developmental Life span
5	Introduction to Abnormality
6	Introduction to formal and informal testing tools
7	Introduction to Social Psychology
8	Introduction to Positive Psychology
9	Self work
10	Introduction to individual and group Counselling
11	Introduction to Therapies

Total assessment: 300 marks

Other Courses:

- PG Diploma in Counselling Psychology
- Certificate course in Child Counselling
- Certificate course in Family and Marriage
 Counselling
- Certificate course in Indigenous nutrition
- Basic course in Remedial teaching
- Audit course in Chittavijnana

Our speciality:

Application based courses - Sound theoretical base - Expert faculties - Continuous support -Opportunity to work with us - Library facility -Long term support - Internship

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