





MKSSS's
Baya Karve Women's Study and Research Centre

# Online

# Certificate course in Family and Marriage Counselling

Start working in the field of mental health! LEAVE YOUR MARK!

# **Duration**:

6 months + 3 months Internship (Teaching 100hrs. + Internship 60 hrs.)

> Weekday: Tue-Wed 3 to 5 pm Weekend: Sat - Sun 3 to 5 pm

Contact: 8767947523 Email: admin@bkwsc.maharshikarve.org Website: www.bkwsc.org

#### About us:

A unit of our parent body, Maharshi Karve Stree Shikshan Sanstha, the centre invokes the ideals set by Baya Karve after whom it is named. Core area is to focus on Woman empowerment. The autonomous platform has provided the freedom to innovate in the areas of curriculum design and teaching – learning and Research based activities that have proved helpful for women.

#### **Departments:**

Department of academics Department of counselling Department of gender studies Department of research Department of community engagement initiatives

Courses - Awareness campaigns - Trainings and workshops - Counselling - Career guidance -Community mobilization - CSR projects - Research -Visava: One stop centre for women in distress

> MKSSS's Baya Karve Women's Study and Research Centre

#### **Course Introduction:**

**Certificate in Family and Marriage Counselling is** an autonomous course especially designed for those who are willing to work as Family and Marriage Counsellors. After the completion of this course the learner will develop an understanding about the relational concerns and difficulties faced by Indian couples in today's context. The course will develop an insight about the family dynamics of Indian society. The learner will be able to help couples and families to explore difficult thoughts and emotions in a safe manner and develop an understanding about each other's experiences and views. The course encourages the learner to work with an family enhancement approach. The application based course structure will empower the learner with the required skill set for working with couples effectively. The number of participants in any batch will not exceed the number 20. The course will be conducted in online mode.

Eligibility: Any graduate.

Intake: Maximum 20 students

Mode of conduction: Online

Medium of instruction: Marathi and English

Evaluation: Total 250 marks

- Written paper: Term 1: 50 marks, Term 2: 50 marks
- Presentation: 100 marks
- Internship- 50 marks

#### **Award of Certificate:**

Minimum marks required for passing are **40** percent in each exam.

Fee Structure: ₹ 25000/- (Includes 18% GST)

- Employees of MKSSS can avail 10% discount on the total course fees.
- Installment facility is available with 10% extra charge

Students can avail library facility by paying ₹ 1500/- as refundable deposit. The deposit should be collected within two years after the end of the course.

## **Course outline**

No.	Module
1	Introduction to Psychology
2	Introduction to Family and Marriage systems
3	Considerations for healthy marital relations
4	Sexuality and marriage
5	Role of gender in married life
6	Introduction to laws related to marriage
7	Introduction to Abnormal Psychology
8	Self work
9	Introduction to Counselling
10	Introduction to theraapies
11	Importance of pre marriage counselling

## Total assessment: 250 marks

#### **Other Courses:**

- PG Diploma in Counselling Psychology
- Certificate course in Child Counselling
- Certificate course in Family and Marriage
   Counselling
- Certificate course in Indigenous nutrition
- Basic course in Remedial teaching
- Audit course in Chittavijnana

#### **Our speciality:**

Application based courses - Sound theoretical base - Expert faculties - Continuous support -Opportunity to work with us - Library facility -Long term support - Internship

MKSSS's Baya Karve Women's Study and Research Centre